



Dolomites

Design by Carole Lyles Shaw
Aurifil Designer of the Month for March 2020

My inspiration region are the Dolomites of Italy and my base color palette is green. The Dolomites are rocky snow covered mountains with green alpine meadows that blossom in the spring and summer.



12-1/2" (unfinished) square block
Inspired by the Aurifil Color Builders Dolomites Collection

Inspired by the shape of the mountains, I decided to use the triangle as my basic shape. I design using EQ8 software which gave me a lot of freedom to make variations on this block. I started with 3 triangles representing mountains. Then I drew lines that broke these shapes into multiple layers. My final block represents the mountains in early spring with a blue sky, snow capped mountains, green meadows and a deep blue lake.

To see my finished block and tutorials, visit my website: www.CaroleLylesShaw.com – Aurifil Dolomites Quilt Block

This pattern has instructions and templates for fusible appliqué. If you would like to paper piece this block, visit my website for a downloadable pdf paper pieced pattern.

TECHNIQUE: FUSIBLE APPLIQUÉ

The technique for making this block is fusible appliqué. Full size templates are included with instructions for making the block with this technique. See my blog for a video tutorial on fusible appliqué. www.CaroleLylesShaw.com – Aurifil Dolomites Block posting.

The templates in this pattern are full size—see the instructions on pages 4-5 for how to cut out and use these templates. Please read all instructions before cutting your fabric.

After fusing the patches into place, I machine appliquéd the patches on each edge. You can also hand appliquéd the patches by hand.

MATERIALS NEEDED

INTERFACING: For fusible appliqué, you will need a **12-1/2” square** of a white nonwoven lightweight interfacing for your foundation. Any brand will do but make sure it is very light weight and flexible. The interfacing can be fusible (on one side) or non fusible. This will serve as the foundation or background for the block. You will be fusing all of the patches to this square of interfacing.

PARCHMENT PAPER OR APPLIQUÉ IRONING SHEET For fusible appliqué, you will need to protect your iron and pressing surface. I use parchment paper. Parchment paper can be found in the grocery aisle with the baking goods. Parchment paper is a perfectly fine inexpensive alternative. I buy the least expensive roll that I can find. You will need two sheets measuring 12” x 15”. (You might be able to borrow this much from a neighbor who bakes!) Appliqué ironing sheets (also called appliqué pressing sheets or fusible appliqué pressing sheets) can be found at your local quilt shop. These also work very well but are more expensive.

FUSIBLE WEB: You will need 1-1/2 yards of a light weight fusible web for the fusible appliqué. Follow the pressing instructions on the product that you use. Here are brands that I recommend (there are others that work well):

- **Pellon WonderWeb 807.** I used this light weight fusible to make my block because it is easy to cut and position. Great option for hand appliquéd or hand quilting
- MistyFuse White Sheer Fusible Webbing (very light weight and usually will not gum up your needles). Great option for hand appliquéd or hand quilting.
- Pellon Wonder Under Light or Fusible Web 805. (This has a bit more glue so it will be more difficult to hand appliquéd with this product. It comes with paper backing.)

FABRICS: The size column is the size of one piece of fabric that you will need for all of the templates shown for that part of the block. In other words, you need **ONE** piece of fabric measuring 6" x 8" for the mountain tops.

The fabric amounts shown are generous. This will allow you to make adjustments as needed. You might want to cut and paste small swatches of your fabric in this table.

FABRIC COLORS	Templates	1 Piece of fabric measuring this size.	FABRIC COLORS	Templates	1 Piece of fabric measuring this size.
Mountain Top White 	J, Q, S	6" x 8"	Meadow #1 	I, L	10" x 10"
Sky Blue 	A, B, C, D	9" x 14"	Meadow #2 	K, M	8" x 11"
Lake #1 	G, F	9" x 10"	Meadow #3 	E	5" x 6"
Lake #2 	H, N	8" x 11"	Light Granite 	O, P	11" x 11"
			Dark Granite 	R	6" x 9"

FUSIBLE APPLIQUÉ INSTRUCTIONS

Prepare the Fabric

The first step is to iron fusible on the **WRONG** side of the fabrics that you will use in your block. I put fusible on the **whole swatch** before cutting out the templates pieces.

1. Place a sheet of parchment paper or a non stick Teflon sheet on your pressing surface.
2. Place the fabric swatch **RIGHT SIDE DOWN** on the parchment paper/pressing sheet.
3. Place your fusible on the fabric. The fusible will be ironed to the **WRONG** side of the fabric.
4. Place a sheet of parchment paper or a non stick Teflon sheet on top of the fusible web. Press lightly **WITHOUT** steam according to package directions. Note: If the fusible has a paper backing, you will not need the pressing sheet or parchment paper on top.
5. Now you have fabric ready to be cut into the shapes that you need using the templates.



4 pieces of sky laid on to RIGHT side of fabric— ready to be cut out.



One piece of sky fabric being trimmed. I use my rotary cutter and a ruler for larger pieces. Smaller pieces I will cut with scissors.

Cut out the patches

1. Using the template pages, cut each patch apart on the dotted line. The templates allow for an overlap area so that you can adjust the placement of each patch in the block. Each template is labeled with a letter (A, B,) that refers to the layout on page 7.
2. Place the templates on the **RIGHT** side of the fabric. Cut out each patch on the dotted line of the template.

3. Place the 12-1/2" square of interfacing on your pressing surface with a piece of parchment paper/pressing sheet under it. If your interfacing has fusible on it, the fusible should be facing **UP**.
4. Refer to the layout on page 7. Lay the patches right side up on the square of interfacing with the fusible side of the patch down.

TIPS:

I printed out the full size version of the block from page 7 and the layout from page 8. I kept both in front of me for reference as I laid the pieces down on the 12-1/2" square of interfacing.



I wrote the names of each area (sky, lake) on the layout page and on labels. I clipped the template pieces, the fabric and the labels together to keep me organized.

I do NOT iron the block until I am completely satisfied with placement.

Please note that the layout on page 8 is a reference. Your finished block may have slight differences from my block as you shift pieces around.

Please do not stress—simply arrange the pieces in a way that is pleasing to you

NOTE: As I worked on my block, I noticed that the mountain tops did not fit as precisely as I liked. So, I trimmed a sliver or two off of the mountain top white fabric to get a smooth looking line for the mountain tops.



5. I worked on my block with a pressing mat underneath it to protect my table and cutting mat. That way, I could pin each piece in place. Remember, do not iron the block until you are completely satisfied with the arrangement.

6. When you are satisfied with the arrangement, place a parchment paper/pressing sheet over the block. Press to set all the patches in place.

Finishing the Fused Block

You have several options for finishing this block by hand or machine. I fused down some leftovers and experimented with stitch length and thread colors. I matched my thread color to the colors of each fabric. (See my blog post for detailed photos.)

RAW EDGE MACHINE APPLIQUÉ. Use a straight stitch, sew around each patch. Another alternative is to use an appliqué stitch—these are built in to most sewing machines.

HAND APPLIQUÉ: You can also hand appliqué along the raw edges. Experiment with thread and needle choices. Light weight interfacing and fusible can be hand stitched. Test thread weight and colors before appliquéing your block. Use a sharp new hand needle for best results.

LAYOUT IS ON PAGE 8.
FULL SIZE TEMPLATES ARE ON PAGES 9-15.
Print templates at 100% (normal printer setting).

This is a large copy of the block to help you select fabrics. Layout Block is on page 7.



Templates for Fusible Applique

PRINT TEMPLATES AT 100%















